

DATE	MALE		FEMALE	
1977/06/30	W. Vermeulen	02:30:40		
1978/04/08	Paul Ascani	02:29:07		
1979/04/01	Pat Snyman	02:34:23	C. Faure	03:30:17
1980/03/29	F. Marais	02:38:27	C. Faure	03:22:48
1981/05/02	A. Churchill	02:32:47	Ralie Smit	03:15:07
1982/05/01	Johannes Thobejane	02:28:13	J. Maclear	03:19:33
1983/05/07	Arrie van Heerden	02:28:07	Laura Hofer	03:06:12
1984/05/05	Johan Hefer	2:27:35	Ralie Smit	03:13:42
1985/05/04	Koos Morwane	02:26:20	Ralie Smit	03:10:16
1986/05/03	Andrew Greyling	02:27:41	Ralie Smit	03:09:31
1987/04/25	Andrew Greyling	02:26:21	Marie Minty	03:10:01
1988	M. Molebadse	02:28:22	Marie Minty	03:11:51
1989/05/06	A. Mogolwa	02:23:30	Ralie Smit	02:56:40
1990/05/05	Miltas Tshabalala	02:24:15	Lorraine van der Poel	03:08:08
1991/05/04	Koos Moroane (Morwane?)	02:23:55	Annette Schoeman	03:09:20
1992/05/02	Danie Mbuli	02:22:48	Lorraine van der Poel	03:03:08
1993/05/01	M. Ndioheni (Ndwemba?)	02:24:33	L. Sloan	03:03:21
1994/05/07	Lehaka Tsotetsi	02:19:03	Annette Schoeman	03:05:45
1995/05/06	Linda Nana	02:23:07	Alzira Lario (POR)	02:57:59
1996-05-01	Abel Mokibe	2:19:53	Sarah Mokgotla	02:54:30
1997/05/01	Kenneth Ngcobo	02:21:37	Sarah Mahlangu	02:56:50
1998/05/01	Soccer Ncube	02:21:23	Elmarie du Toit	03:01:39
1999/05/01	Lefu Rachaka	02:22:24	Elmarie du Toit	02:55:35
2000/05/01	Nicky Masombuka	02:20:13	Louisa Leballo	02:47:45 (Record – old route)
2001/05/01	Sivuyele Ndwembini	02:21:23	Priscilla Mamba (SWZ)	03:07:09
2002/05/01	Joseph Mphuthi	02:19:52	Sarah Mahlangu	02:51:53
2003/05/01	Richard Mavuso	02:19:27 (Record – Old route)	Sarah Mahlangu	02:53:41
2004/05/01	Jabulane Khoza	02:19:58	Lindsay van Aswegen	03:15:00
	Melk Muthuli	02:17:36		02:52:49

2005/05/02	(Mr Price)	(New route – loop left off – reducing correctly measured distance by a few hundred metres) .	Linah Mhlongo (HAC)	(New route – loop left off – reducing correctly measured distance by a few hundred metres) .
2006/05/01	P. GABONEWE	02:31:50 (2005 route – including loop).	Riana van Niekerk	03:03:32 (2005 route – including loop).
2007/05/01	J PHHUTHI	02:29:02	J BIRD	03:00:21
2008/05/01	P MOTHOA	02:23:06	Riana van Niekerk	03:02:20
2009/05/01	Johannes Mthimkulu (Powerade)	02:24:10	Paulina Phaho (Powerade)	03:07:05
2010/05/01	Sipho Maisela (Nedbank)	02:26:48	Lesley Train (Nedbank)	03:07:44
2011/05/02	Odwa Tunyiswa (Nedbank)	02:28:59	Winia Janse van Rensburg (Tuks)	03:06:44
2012/05/01	A Gabonewe (Mr Price Sport)	02:21:52 (Record – New route)	Riana van Niekerk (Bonitas)	03:00:18
2013/05/01	Sipho Ncube (Toyota)	02:25:01	Jennifer Koech (Nedbank)	02:45:03 (Record – New route)
2014/05/01	B Chipere (Maxed Elite)	02:27:02	J Basson (Toyota)	03:05:09
2015/05/01	Lucky Mtshali (Olifants A.K)	02:25:14	Y Maclean (Born 2 Run)	02:53:18
2016/05/02	Shidiso Bosiu (Rockies)	02:27:02	Yolandi MacLean (Born 2 Run)	02:57:58
2017/05/01	William Makwalakwala (MIWAY)	02:23:41 (New route due to new venue).	Cobie Smith (Vitality)	03:04:22 (New route due to new venue).
2018/05/01	Raphael Segodi (Rockies)	02:21:58	Jennifer Koech (Nedbank)	02:55:56
2019/05/01	Sboniso Sikhakhane	02:25:08	Lesego Hlako	02:11:02

2019/03/01	(MDU Kkumalo)	02.23.00	(M&R)	03.11.02
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